

The themes



Know Myself

Get to know who you are, your role in Girlguiding and the wider world.



Express Myself

Show off and explore your creative side.



Be Well

Discover how to take care of yourself and others.



Have Adventures

Get out and about to explore the outdoors and nature.



Take Action

Empower yourself to make a difference, and use your voice to help your community and the wider world.



Skills For My Future

Look to the future and build your skills to become independent and successful in life.

